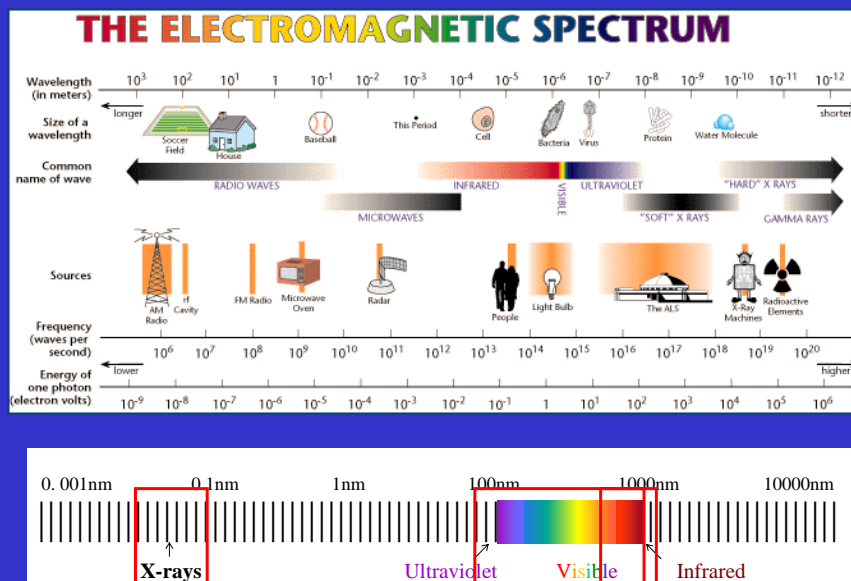


# Lighting up the brain – a 25 year journey from basic science to commercial instrument

D.T. Delpy

Engineering & Physical Sciences Research Council

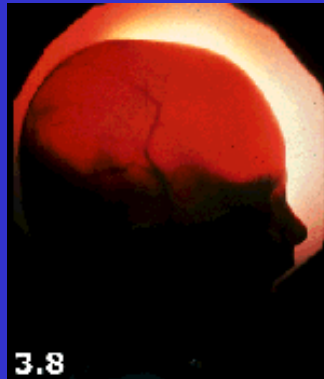
## The Electromagnetic spectrum



Looking inside the body from the outside: the transparency of tissue



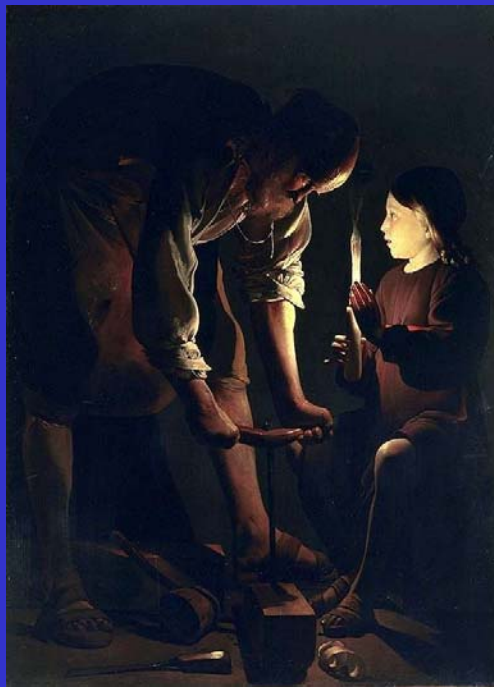
fetus



hydrocephalus

*'If a candle was held behind his head, or the sun happened to be behind it, the cranium appeared semi-transparent and this was more or less evident until he attained his fourteenth year'*

Richard Bright, Guy's Hospital, on a patient with hydrocephalus, 1831.



Early Optical imaging?

**Georges de La Tour**

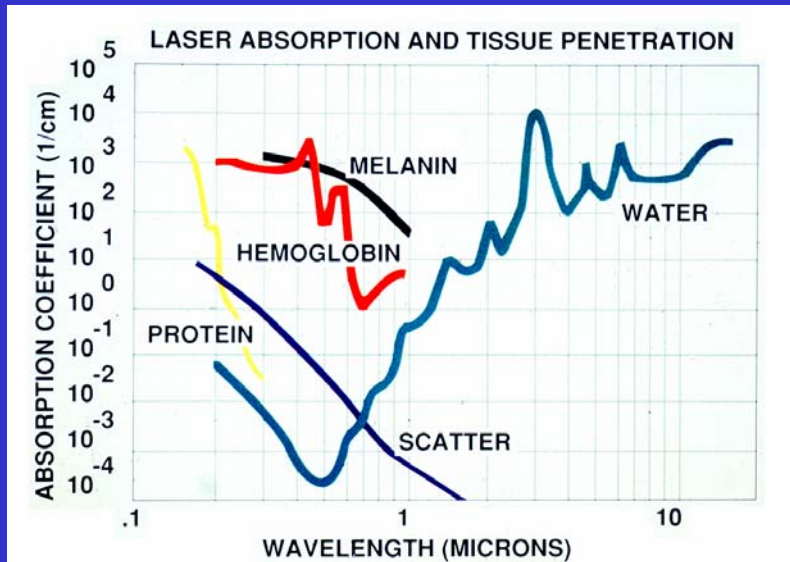
1593-1652

*Christ with St. Joseph in the  
Carpenter's Shop*

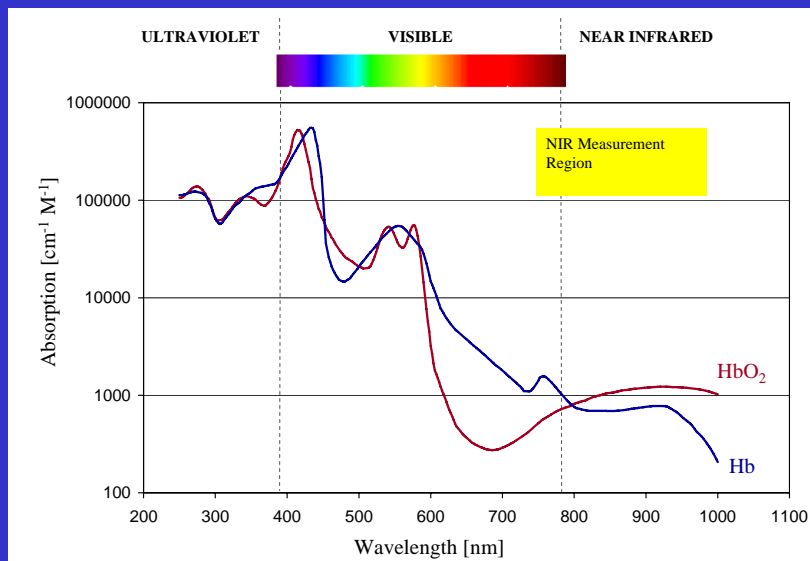
c. 1640



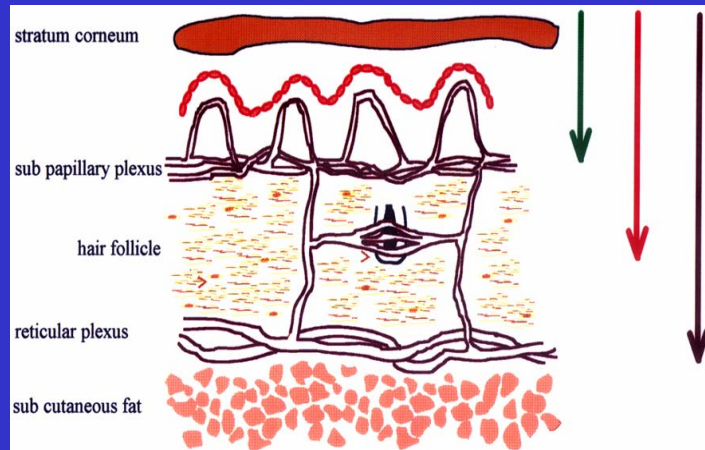
## The absorption of light by major tissue chromophores



## The Absorption Spectrum of blood



The effect of wavelength on the distance light will penetrate into the skin



Multispectral imaging: 700 - 900 nm range



700nm



800nm



900nm

Blood vessel  
visualisation with  
the “Veinviewer”



From about 1978, increased focus on neonatal brain  
oxygenation and metabolism

Methodologies:

- $^{31}\text{P}$  NMR Spectroscopy
- Near Infrared Spectroscopy

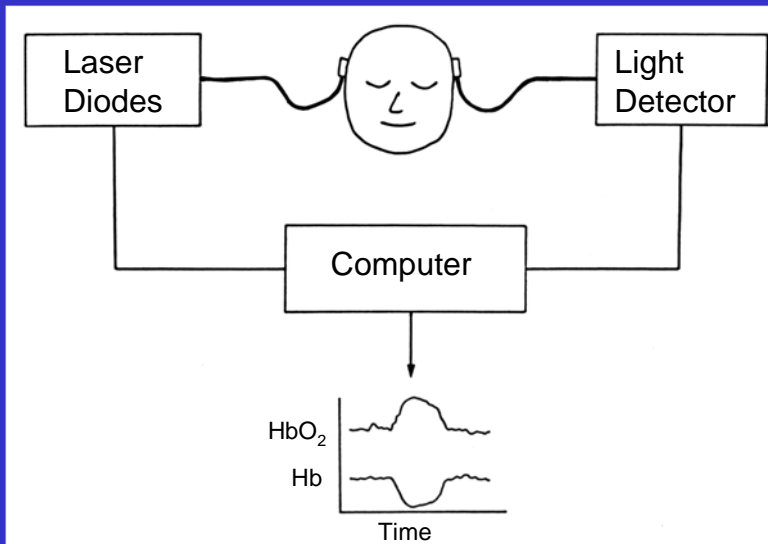


Doug Wilkie



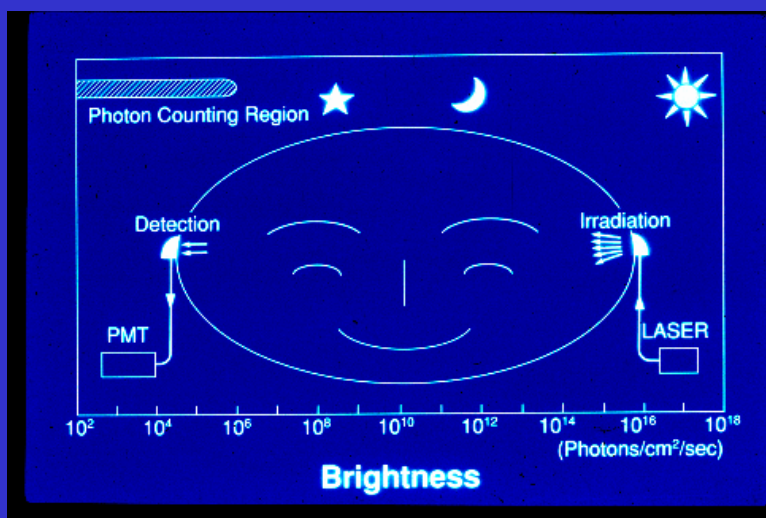
Frans Jobsis van der Vliet

Looking deeper into tissue: Near Infrared Spectroscopy (NIRS) -  
Note: Any tissue can be studied. e.g. muscle, brain, the breast



Note: we need to know how far the light has travelled – see later!!

## Light levels in Near Infrared Spectroscopy







- Original NIRS system developed by Mark Cope
- First Baby studies
- Relaxation after successful study



Impending disaster – funder withdraws:  
Along comes Hamamatsu Photonics to the Rescue



Instrument design is  
thirsty work!



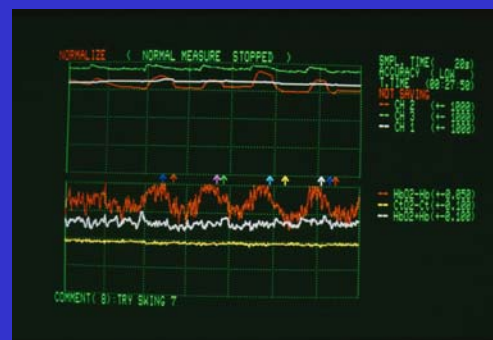
The NIRO1000 (can you guess the origin of the number?)

(Included the rather unwisely named POX mode of operation)



Early baby study

(note who the workers are)



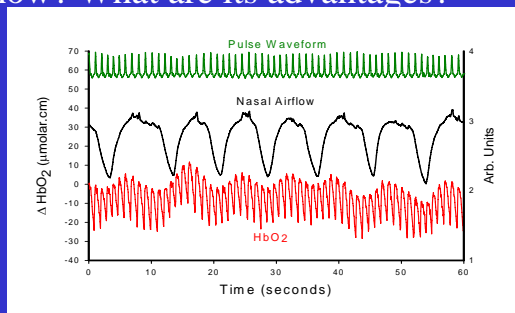


Delpy forced to wear a suit and tie!!

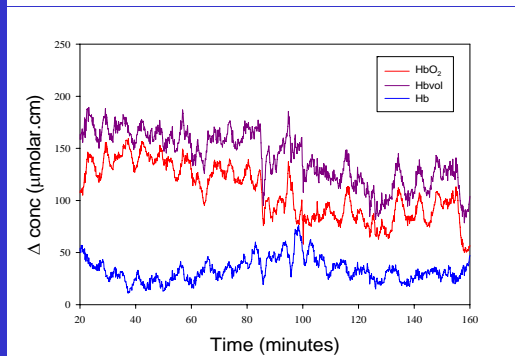


What does NIRS show? What are its advantages?

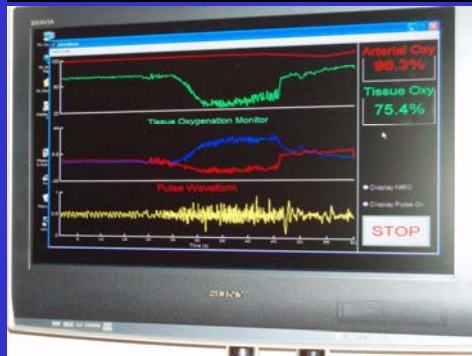
Cerebral NIR  
Respiratory and  
Cardiac  
Oscillations



Long term  
Cerebral NIR  
Oscillations



## Near Infrared muscle exercise studies



## Fifth and sixth generation NIRS instruments



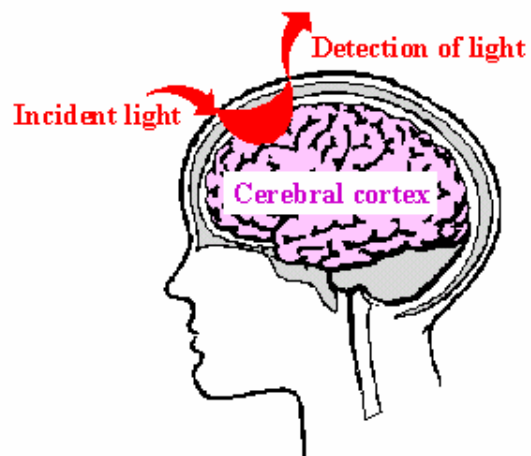
NIRO200  
and  
NIRO100



Pretty well everyone in European NIRS (about 1992)

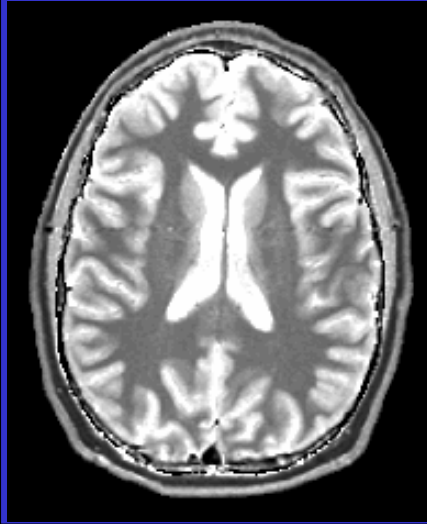


Localising NIRS measurements through careful positioning of the light source and detector

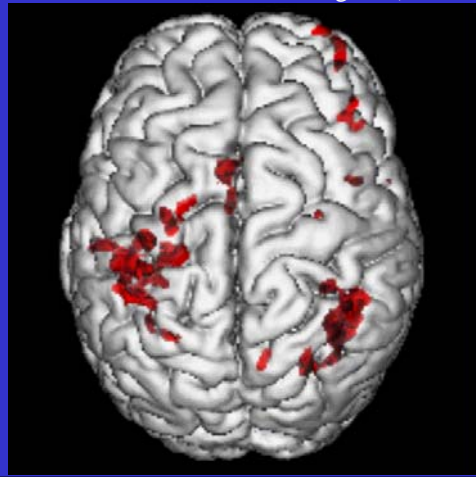


## An aside: Watching the brain think with functional Magnetic Resonance Imaging (fMRI)

Ordinary MR image of the brain



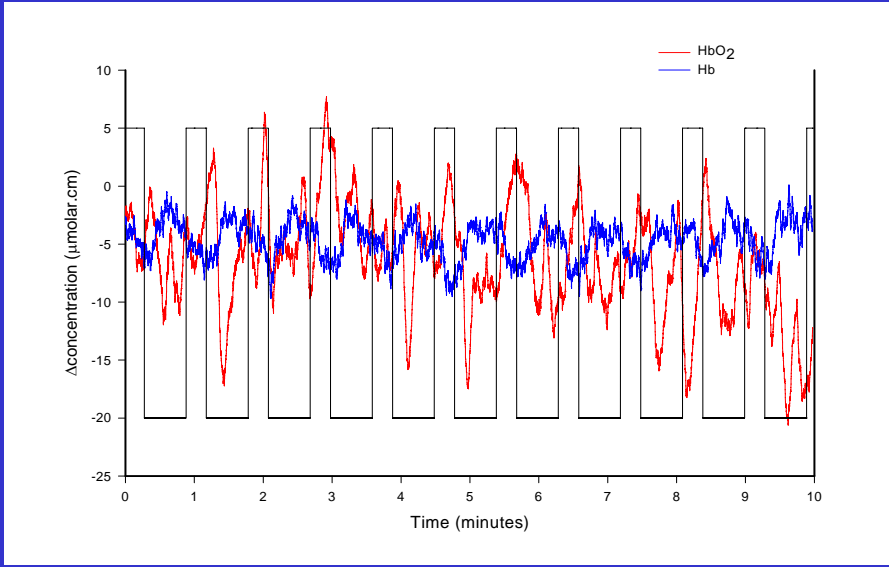
fMRI images of the brain showing activation changes during 40 minutes of motor learning (red areas show where Hb has changed as a result of the motor learning task)



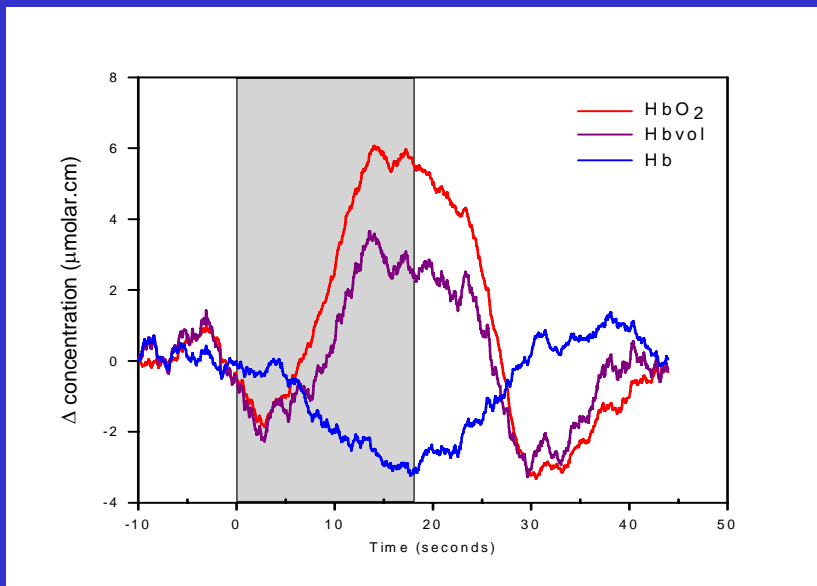
Functional NIRS – watching the visual cortex at work (the checker board pattern flashes then stops)



### Functional NIRS of the infant visual cortex – the raw signals



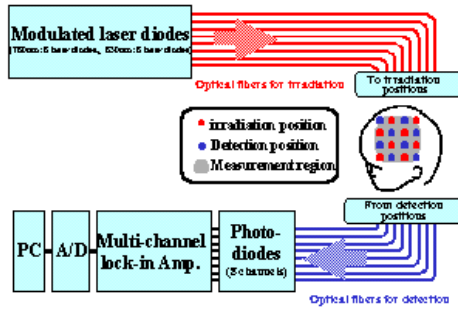
### Functional NIRS of the infant visual cortex – the averaged signal





Mapping the activity on the whole surface of the brain:

The principles of NIRS  
Topographic Brain Imaging



## The patient interface



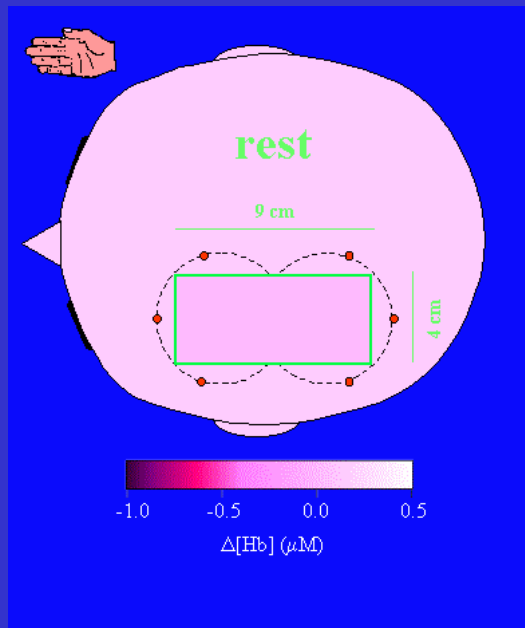
## Optical Topography signals in the adult

Motor Cortex  
activation  
movie

Hb signal  
change.

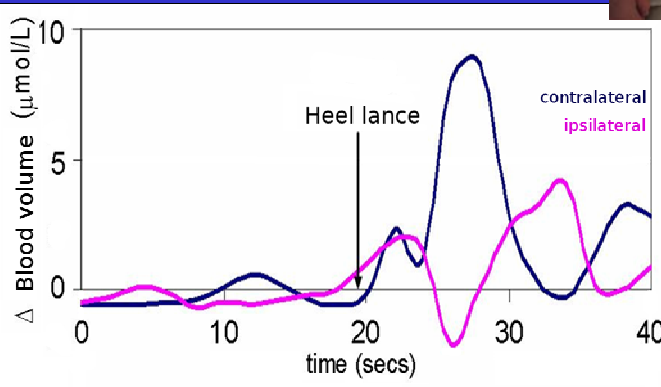
(160 mS per  
acquisition)

(Franceschini  
et al 2001)



## Optical Topography signals in the infant

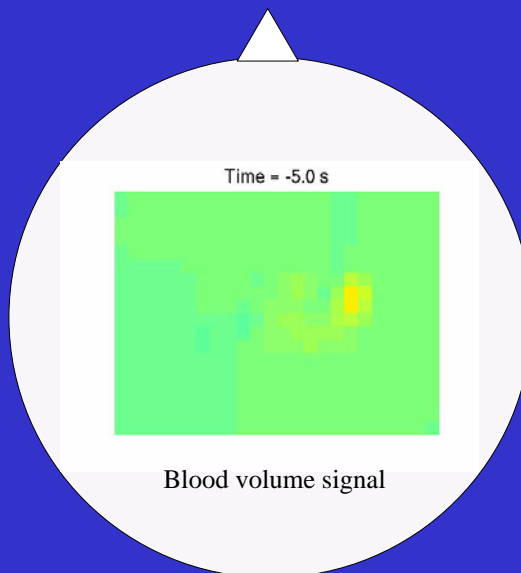
**Cortical pain responses to  
a heel prick in infants  
(blood volume signal)**



Slater et al (2006)

## Optical Topography signals in the infant

### Cortical pain responses to a heel prick in infants (2)

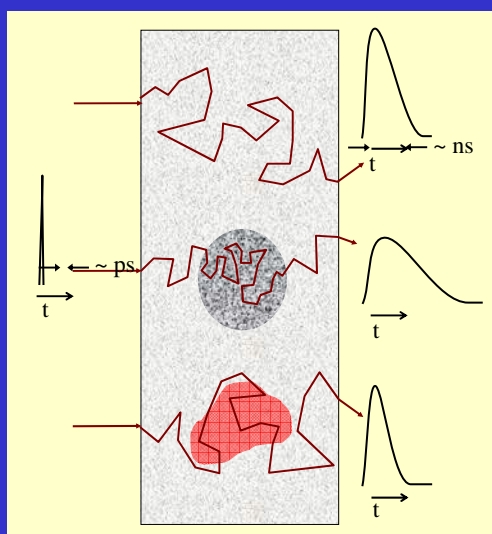


## Time resolved measurements to separate the effects of absorption from scatter

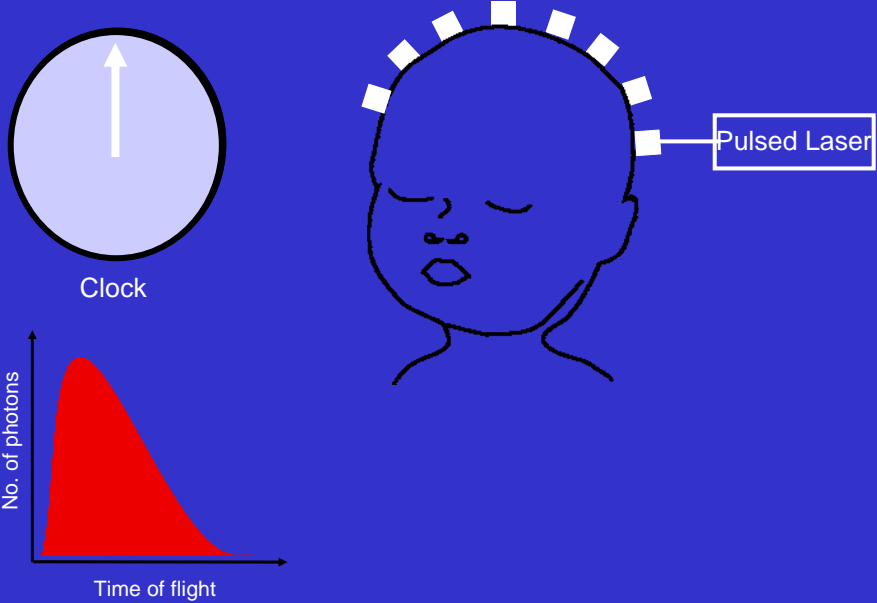
The (temporal) Impulse Response Function of tissue to a pulse of laser light can be used to distinguish between the effects of scatter *and* absorption.

It also allows us to know the optical pathlength from the mean time of flight

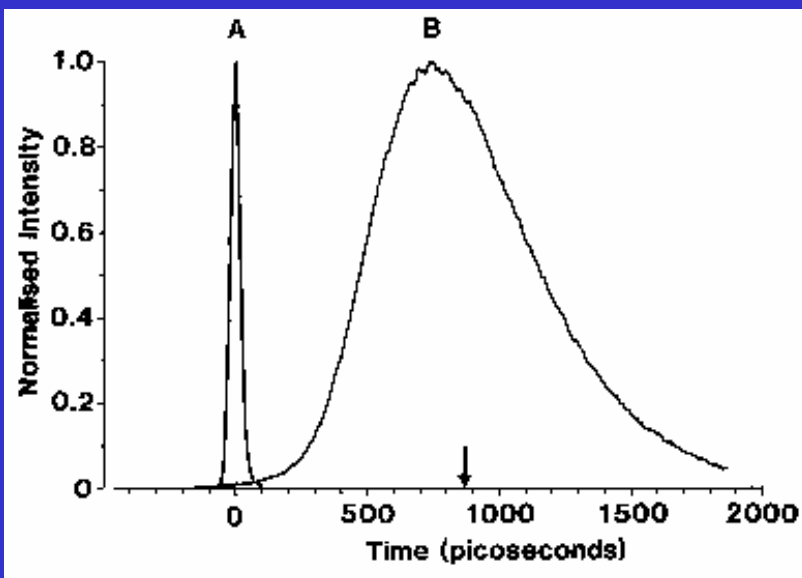
Finally it allows us a better estimate on where the light has travelled and hence permit tomographic (i.e. full 3D) imaging



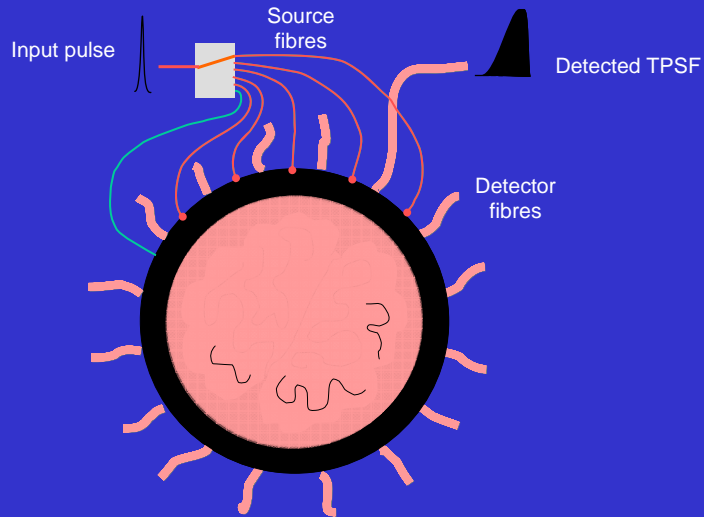
### Time Resolved Measurement Principles



### Time of Flight Measurement of Optical Pathlength across the Baby Head – 5cm source/detector spacing

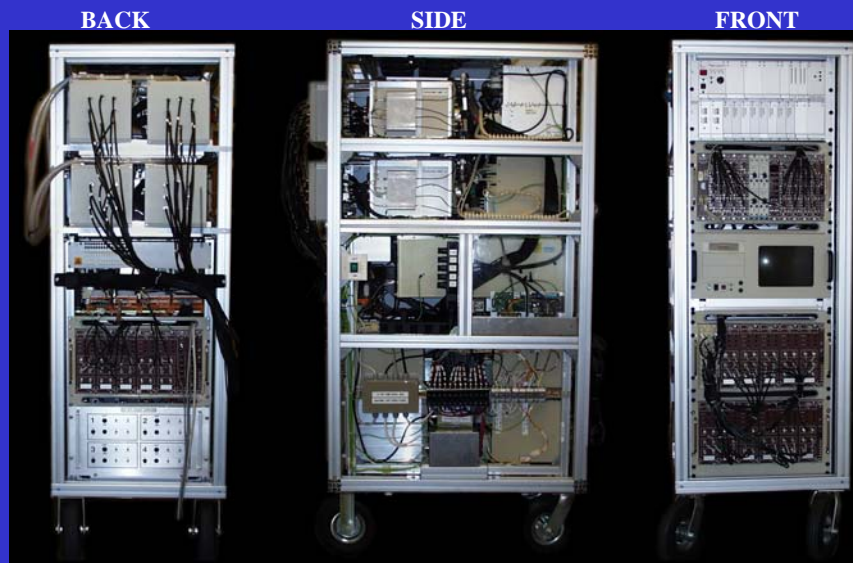


## The principles of time resolved measurements for optical tomography



NB. All measurements are made at two different NIR wavelengths

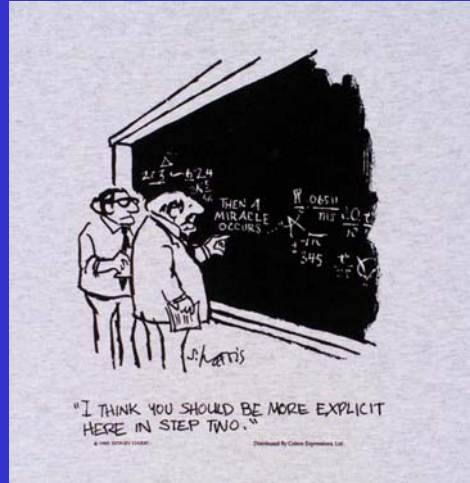
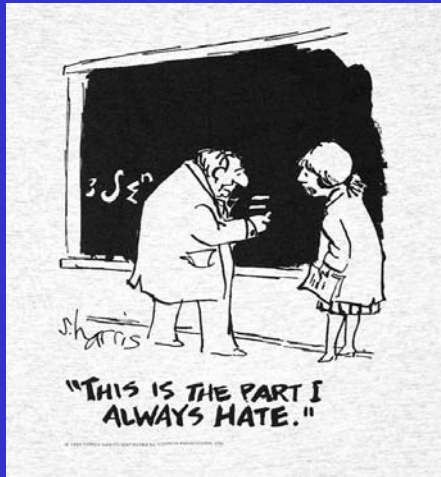
## The MONSTIR imaging system



Multi-channel Opto-electronic Near-infrared System for Time-resolved Image Reconstruction



The realisation dawns that we need to do some maths!



Tomographic image reconstruction requires knowing where the detected light has travelled

Intensity and time of flight photon distributions are calculated using TOAST

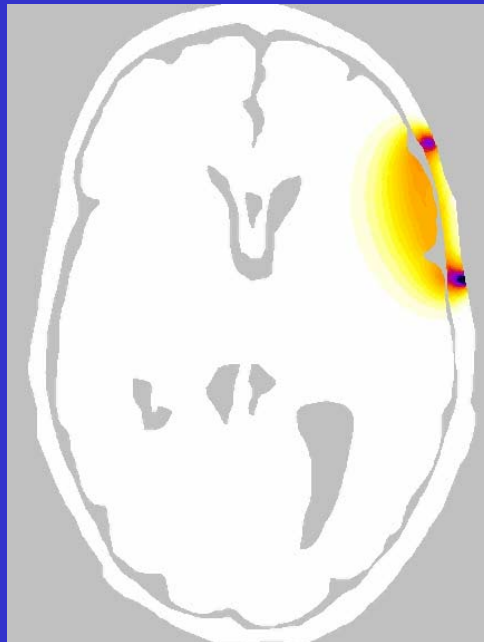
Time resolved

Optical

Absorption &

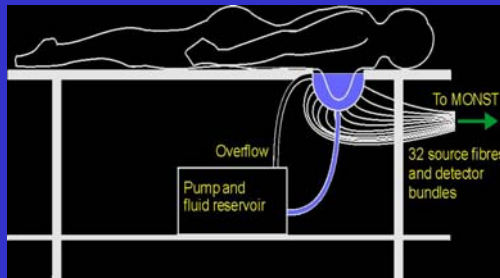
Scattering

Tomography

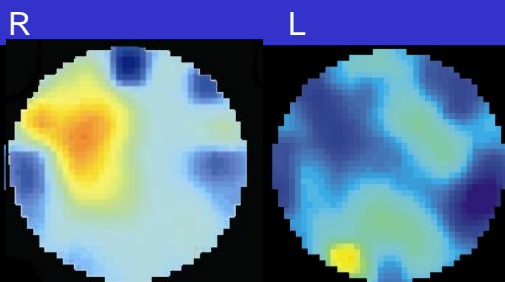


NIRS tomography applied to the breast:  
Imaging the extra blood volume and different blood  
oxygenation in tumours

The optical  
mammography scanning  
table (note no breast  
compression)



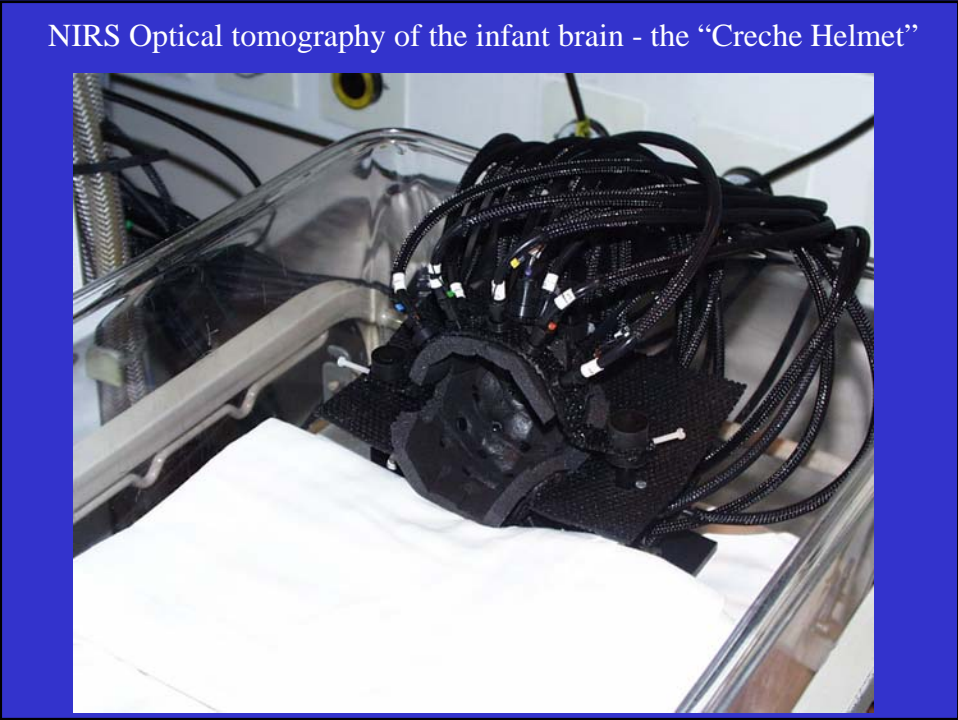
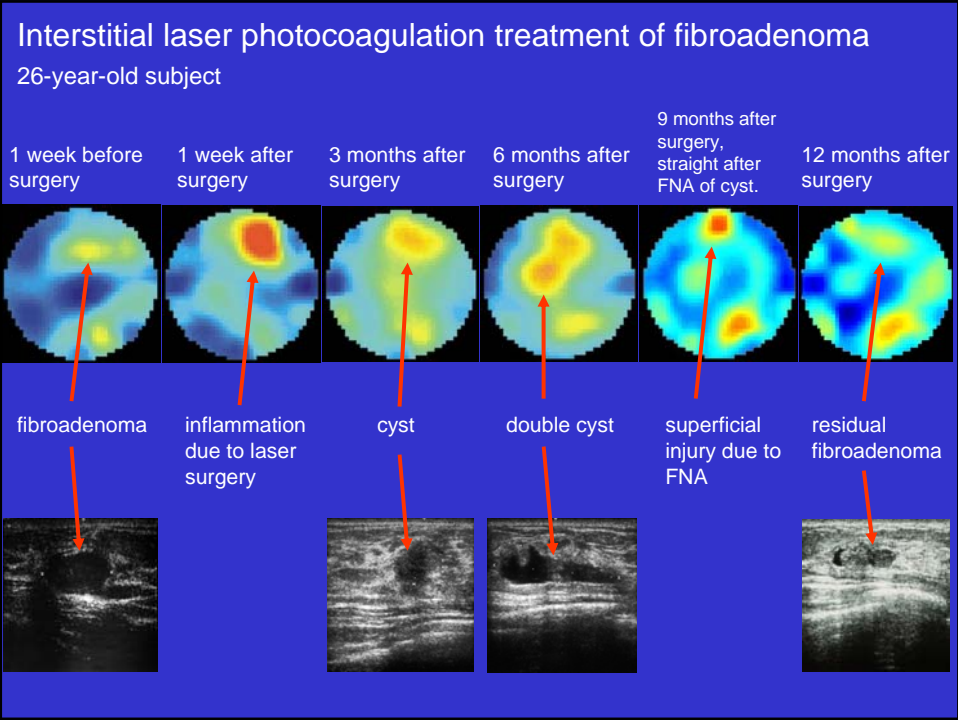
optical mammography results: Invasive ductal grade  
III carcinoma (48-year-old subject)



Optical tomography  
images



*Magnavist* enhanced  
MRI image

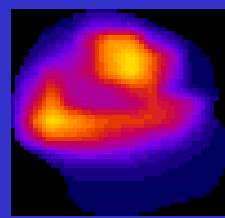
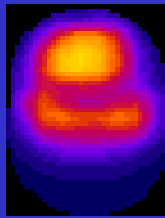
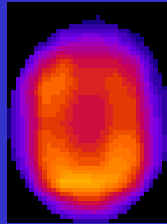


## A baby undergoing an optical tomography study



## Optical Tomography images of the normal infant brain

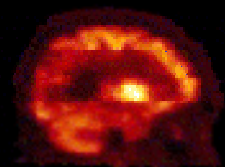
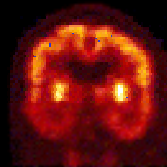
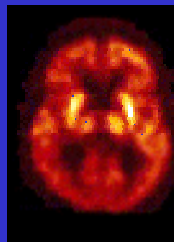
Optical image: 32-week female infant



Anatomical slices of pre-term brain

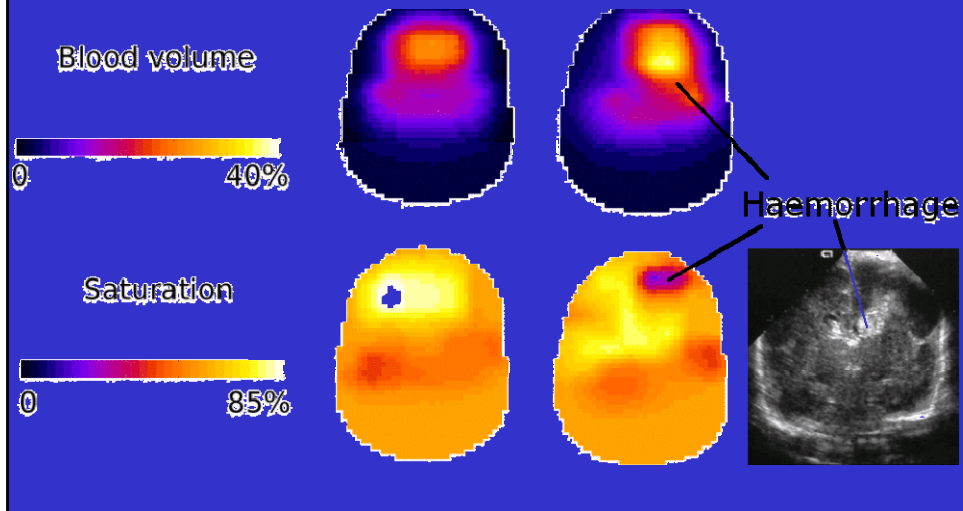


Positron Emission Tomography (PET) image: of adult brain



## Optical Tomography images of the abnormal infant brain

### Static imaging of haemorrhage



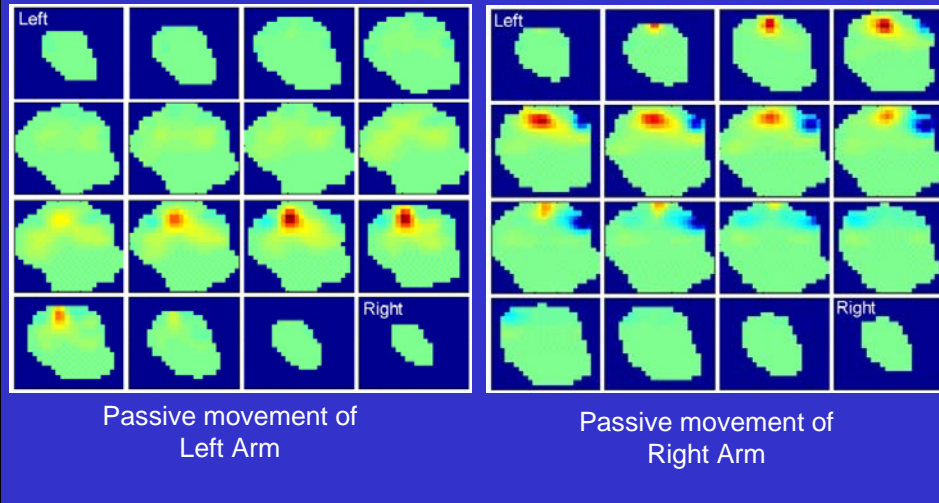
## Motor Cortex Activation in Infants





## Tomographic mapping of functional activation of the motor cortex in the neonate

(Sequential sagittal slices displayed from a full 3D image)



### Lessons learned:

(1) Don't restrict yourself to your own area – you never know what you will learn that is relevant



Environmental Scientists in the Wild West

## Lessons learned:

### (2) Pick good people to work with, give them their head and stand back

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#### Funders:

Action Medical Research  
BBSRC  
EPSRC  
European Union  
Hamamatsu Photonics KK  
Hitachi Medical Ltd  
MRC  
Royal Society  
Swiss National Science Foundation  
Wellcome Trust  
Wolfson Foundation

...and many many others!

The End!

(or a new beginning at EPSRC)